

INSTRUCTIONS FOR USE FOR:

# Spica Skinz™ Hip Spica Liner

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English

By



**INSTRUCTIONS FOR USE FOR:  
Spica Skinz™ Hip Spica Liner**

**DESCRIPTION**

Spica Skinz Hip Spica Liner protects the cast and padding from becoming soiled by urine and excrement. In addition, patient cleaning and hygiene is simplified by allowing for urine and excrement to be removed from underneath Spica Skinz

Spica Skinz is manufactured from a breathable, waterproof expanded polytetrafluoroethylene (ePTFE) membrane.

**INDICATIONS**

Spica Skinz Hip Spica Liner should be used in body cast applications where the physician determines the need for a barrier to urine and excrement.

**CARE AND PRECAUTIONS**

Patient/care-giver should be given general instructions on cast care and when to contact their health care professional.

Do not introduce contaminants into Spica Skinz or the casts, including but not limited to: oil based lotions, powders, oils, grease, solvents, dirt and sand. Do not insert foreign objects into the cast as foreign object could tear Spica Skinz. Do not immerse patient spica cast in water. Should a contaminant enter the cast or the cast becomes compromised, the attending health care professional should be contacted.

**WARNINGS**

Some patient may experience standard cast problems, including but not limited to: odor, skin irritation, itching, rash, maceration, and soiled padding.

**STERILIZATION (NON-STERILE)**

Spica Skinz Hip Spica Liner is provided non-sterile. Sterilization of this product is not recommended.

**FIGURE 1**



**FIGURE 2**



**FIGURE 3**



**FIGURE 4**



**FIGURE 5**



FIGURE 6



## APPLICATION GUIDE FOR HIP SPICA CASTING

1. Remove Spica Skinz Hip Spica Liner from the package and unfold.
2. Gather the material for one leg of the Liner, and then slip the patient's leg through the opening. Repeat for the other leg.
3. Extend the Liner over the legs and chest while leaving sufficient material for creating cuffs. The perineal opening should be aligned with the patient's perineal area. Ensure that there is sufficient Liner material in the perineal area to create cuffs. The Liner is intended to be loose fitting; folds and wrinkles are of no clinical significance.
4. Place the patient onto the spica table and put an abdominal towel under the Liner as normal.
5. Apply cast padding over the Liner, allowing for sufficient Liner material for cuffing. Next, apply fiberglass casting tape or plaster over the cast padding.
6. After the perineal opening is cutout with a cast saw, leave sufficient Liner material and cast padding to create cuffs.
7. Secure the cuffs at the legs, torso, and perineal area with casting material. The perineal cuff should completely seal in the perineal area in order to best protect the cast padding.
8. After the cast has dried, the perineal openings may be petaled with waterproof surgical tape (if desired). Petaling helps to reinforce the seal and further protect the cast padding.

## APPLICATION GUIDE FOR SHOULDER SPICA CASTING AND THORACOLUMBOSACRAL ORTHOSIS CASTING

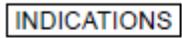
Follow the above application guide for hip spica casting while adjusting for the appropriate anatomy. The perineal opening may be sealed with waterproof surgical tape.

## DEFINITIONS

 Attention, See Instructions for Use

 Do Not Reuse

REF Catalogue Number

 Indications

 Non-Sterile

 Quantity

 Size



**Ortho Care Casting, LLC**  
**11911 East 83<sup>rd</sup> Street**  
**Raytown, MO 64138**  
**Customer Service: 800-821-1303**

**MADE IN THE USA**

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